



## The Best of Romans - Week 4

### “Birth Pains”

**Start with a few questions to get everyone talking. Choose questions that will work well with your group or family.**

1. What a promise this week delivers! How do we participate in this promise? Who lives in you to assure you of this promise? List some specific issues in your life that are not worth comparing to the glory promised in these verses. How does this bring peace into your life?
2. We don't often understand how creation was cursed in these words of Paul. Read Genesis 3. What does this chapter say about creation being cursed? What does it say about pain in childbirth? What caused this fall that we would wait for eager anticipation to the glory that will be given to us?
3. We sometimes think the wait is too long. Re-read Romans 8:23 and then Read Isaiah 30:18, Titus 2:13, Galatians 5:5, and Micah 7:7. List some of the benefits these verses indicate when we wait for the Lord.

**To introduce some different perspectives into the conversation, consider reading one of these verses together.**

Genesis 3, Isaiah 30:18, Titus 2:13, Galatians 5:5, Micah 7:7, and Romans 8:12-17.

**End each week with a challenge to take action. Lead your group to help each person identify their next steps.**

If we are to be restored to the image of God that was given up when Adam sinned, how are we to regain that image and live with God? Read Romans 8:12-17 for the clear answer. Discuss with your group what this means to you.

**Prayer:** In your own words thank God for the indwelling of the Holy Spirit that the hope you have to dwell with Christ and God in for all eternity is never questioned or put to the test.