



SPENT – My Work Wears Me Down

The holidays are over. Are you feeling spent? During this sermon series and related Going Deeper studies, we will look at what causes you to be spent. It could be work, family, a heavy heart, health problems, or maybe your faith is stagnant. God provides promise and hope during these dry and difficult seasons. Perhaps it is possible that your moments of weakness are opportunities for God's strength to be on display.

Share what you do with your days. Would you call it joy or toil right now?

Read Genesis 2:8, 9, 15. Beauty and Bounty

God had just created the Garden of Eden. Based on what you know of the Garden, why were Adam and Eve placed there and how do you think they viewed their work?

Genesis 3:16-19. Things change, we have to sweat to eat (vs. 19). Do you think there is any work that does not cause pain?

In thinking about your day-to-day work, as a baptized redeemed child of God, who is really in charge of your work? Whose evaluation counts? Who do you work for?

Read Colossians 3:23. You work for someone who loves you. How does that affect your work?

Take time in prayer to praise God for the work he has given you in your home, church, community and world.