



UNashamed - Ephesians 2:1-10

Shame is a painful feeling of humiliation or distress caused by the consciousness of wrong or foolish behavior. If you are up for it, share a personal shame story or one of someone close to you.

Read the sermon text from Ephesians 2:1-10. This portion of scripture is divided into three sections:

1) Verses 1-3 focus on **fallen humanity and our hopeless condition**.

It starts early, read Genesis 2:25 and 3:7-10.

Before they sinned, Adam and Eve “were both naked, and they felt no shame” (Gen 2:25), but now they are naked and ashamed. What pattern of dealing with shame do we see, that continues on today?

2) Verses 4-6 focus on God, and on **His mercy and grace in making a provision for man’s salvation** in Christ.

Read Genesis 3:21, Revelations 3:5. God loves us too much to leave us naked and ashamed. How does God make provision for man’s salvation?

3) Verses 7-10 focus on the **purpose of salvation**.

So, why does God save us? Paul identifies one reason, and then two supporting thoughts each beginning with the word “for.” Talk about how the first “for is the cause of our salvation, and the second “for” is the effect.

This section of scripture is pure gospel, delivered in Jesus Christ.

In your prayer confess your actions that cause shame and that you hide, and thank God for his grace in your life. Finally, pray boldly that your response to this love would be a demonstration of his love to the world.