



Who Do You Think You Are? Week 4 – “I Am Salt & Light”

Start with a few questions to get everyone talking. Choose questions that will work well with your group or family.

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

- What is it about darkness that frightens people the most?

Read Matthew 5:13-16.

Jesus tells us in this passage that we are the salt of the earth and the light of the world.

- What do you think Jesus meant when He called His followers salt and light?
- In what ways have you lost your saltiness or brightness? What can you do to gain them back?
- What are some specific behaviors that you feel demonstrate the lifestyle of a salty, shining follower of Christ?
- Describe a time when the salt and light of another believer impacted you. What did that experience teach you about the importance of being salt and light?

Read Acts 16:25-34.

Paul and Silas are perfect examples in this passage of how the power of Christ can change lives when we let our light shine.

- How are you letting your light and saltiness impact others for Christ in a positive way?
- What are some things you can do to keep your light from burning out in really difficult situations?
- In light of your gifts, abilities, and interests, what are some specific ways that you feel God is calling you to use your light?
- What are some specific things you can do this week to be salt and light to someone you know that is currently in darkness?

NEXT STEPS

Reach out to someone you know that is trapped in darkness. Attempt to illuminate their darkness with your light by sharing with them how Christ has forever changed your life. This week commit to at least making contact with that person through a phone call, email, a card or face-to-face meeting. You might even seek out some specific needs they may have that you could help meet and show them firsthand what the love of Christ looks like in action. One way to keep from losing your saltiness and keep your light shining bright is to spend more time with God—the source of our light. This week commit to spending more time than you usually do in prayer and in reading His Word. Here are a few verses you might consider reading that talk about being salt and light: **1 Peter 2:9-10, Isaiah 60:1-3, Isaiah 9:2, John 8:12, Isaiah 58:8, Mark 9:50, and Luke 14:34-35.**

TALK IT OVER WITH GOD

- Tell God how you have been impacted by the salt and light of others. Thank God for their influence in you.
- Confess to God those things that are keeping your light from shining bright. Ask God to help you overcome these things.
- Commit to God that you will do all you can to ensure you remain salty and your light stays bright.
- Pray for those you know that are in darkness. Ask God to help you in showing them the light.
- Ask God to show you some specific ways that He wants you to use your light in a dark world.